

HUMAN SYNERGISTICS THE LIFESTYLES INVENTORY DIAGNOSTIC TOOL (LSI)

WHAT IS IT?

It is a measurement and feedback tool designed to help individuals identify how their thinking and behaviours are supporting or limiting their effectiveness. It brings together the work and research of leading psychological theories such as Maslow's Hierarchy of Needs, Karen Horney's theory of the self, Blake & Mouton's task vs people. Just to name a few.

The LSI measures the individual's general way of thinking and behaving that affect how they deal with events as they occur, including task related matters and interpersonal relationships. It is a great tool for any individual looking to reflect on their own thinking and behaviour to become more effective at work and in life.

WHY USE IT?

Effective individuals are aware of how their own thinking influences their 'take on life' and they are aware of how they respond to others and the impact their behaviour has on others in their life/roles.

It is particularly valuable for helping individuals to:

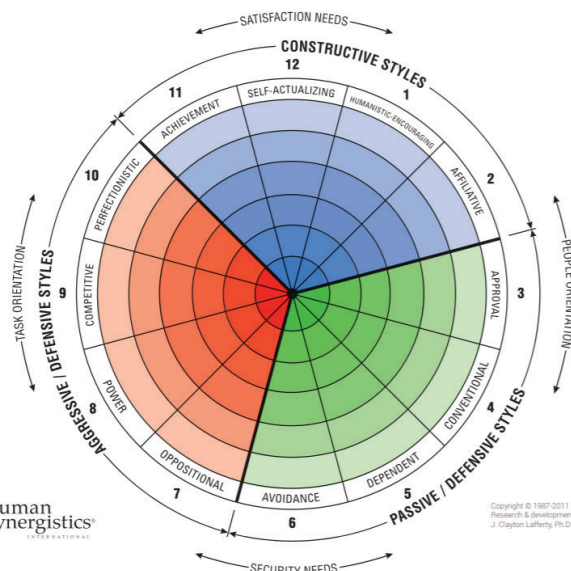
- Achieve their full potential and make best use of their talent.
- Discover news of thinking and behaving
- Cope better with stress, pressure and change
- Achieve self-set goals
- Apply more flexible and creative thinking
- Improve their interpersonal relationships
- Increase their personal effectiveness

HOW DOES IT WORK?

Link to a 3-minute video >>> [here](#)

CURIOS TO KNOW MORE?

Does this interest you, then set up a 20-minute information session via emailing dorodea@netspace.net.au to see if this can support you and to explore next steps.



“ We judge ourselves by our intentions and others by their behaviour. ”

- Stephen R Covey